



Fewer Opportunities Self Declaration (Project 2024)

We only need this template from you if one of the Top-Ups is applicable for you. Please fill out the form, sign it and send it by mail to the International House - Mobility Office (erasmus@tu-braunschweig.de). In case of a traineeship please send the documents to auslandspraktikum@tu-braunschweig.de.

Honorary Declaration on Top-Ups „Fewer Opportunities“ in Erasmus+ stays

I hereby confirm

First name

Last name

born (date and place of birth)

that I will spend my study/internship abroad at the partner university/institution

in the country

during the semester:

<input type="checkbox"/>	Winter semester 2024/25	<input type="checkbox"/>	Summer semester 2025
<input type="checkbox"/>	Winter semester 2025/26	<input type="checkbox"/>	Summer semester 2026

and that I have the right to apply to the following Top-Ups in the Erasmus+ programme.
(Please mark with a cross and observe explanations on page 2. Only one **Top-Up** can be applied for.)

Please mark	Top-Up	Funding amount
<input type="checkbox"/>	Students with a disability of GdB 20 or higher and/or a chronic illness that results in additional financial needs abroad ¹	250 Euros / month
<input type="checkbox"/>	Students who carry out their stay abroad with children ²	250 Euros / month
<input type="checkbox"/>	Students with a non-academic background (first-time graduates)	250 Euros / month
<input type="checkbox"/>	Employed students	250 Euros / month
<input type="checkbox"/>	Top-Up for "Green Travel" ³ , additionally: travel allowance for „Green Travel“ of travel day(s) (max. 6).	Travel allowance for up to 6 travel days

¹ By applying for this social Top-Up, you agree to submit proof (e.g. confirming medical certificate or disability card).

² By applying for this social Top-Up, you agree to submit proof that the child belongs to you and will travel with you (e.g., proof of parental benefits and travel ticket).

³ By applying for this Top-Up, you agree to keep the original proof of arrival/departure for 5 years and submit it to TU Braunschweig International House for review upon request.

I have been informed about the conditions and criteria of the individual Top-Ups and am aware that I must submit evidence of my requested Top-Ups to the International House of the TU Braunschweig for review upon request.

I have provided all information to the best of my knowledge and acknowledge that in case of false statements I will have to repay the approved funds in part or in full to the TU Braunschweig and will be excluded from the Erasmus+ programme.

To be filled in by student:

To be filled in by International House:
Grant approved

Place, Date

Place, Date

Signature

Signature

Explanations of Top-Ups

The payment of the Top-Ups is in addition to the regular mobility grant during the [Erasmus+ programme](#).

Top-Up for students with a disability of GdB 20 or higher and/or a chronic illness:

Students with a “degree of disability” (GdB) of 20 or higher or a chronic illness who are funded for study abroad through Erasmus+ can apply for this Top-Up. By applying for this Social Top-Up, you agree to submit proof of your disability or chronic illness (e.g. confirming medical certificate or disability ID).

Top-Up for students with children:

Students traveling abroad with their child/children for study abroad can apply for this Top-Up. By applying for this Top-Up, you agree to submit proof that the child belongs to you and will be traveling with you (e.g., proof of parental allowance and travel ticket). The additional funds may also be awarded to couples. However, double funding of a child is excluded.

Top-Up for students from a Non-Academic Home:

This top-up can be applied for by students whose parents have not obtained an academic degree (UAS or university) recognized in Germany. In the case of single parents, this regulation only applies to the respective parent with whom the child lives.

Employed students:

Students who have been in employment prior to beginning their study abroad program that they are unable to continue while abroad are eligible to apply for this Top-Up.

- monthly income of 450 - 850 EUR
- Occupation: at least 6 months regularly before the start of the mobility

Top-Up for “Green Travel”:

You can apply for this Top-Up if you will travel to or from the partner university by one of the following means of transport, which are classified as sustainable by the DAAD:

- train
- carpool
- bus
- bicycle
- on foot

There is the possibility for funding of up to 6 additional travel days.

With the application you commit yourself to keep the original proof of arrival/departure for 5 years and/or to submit it to the International House of the TU Braunschweig for verification upon request.

Sustainable mode of travel used:

In order to make the programme and its impact on the environment as climate-friendly as possible, mobility with a distance of less than 500 km should generally be carried out using low-emission means of transport.

Further information: <https://eu.daad.de/programme-und-hochschulpolitik/erasmus-ab-2021/erasmusplus-green/de/81749-foerdermoeglichkeiten-fuer-green-travel/>

Distance to the host university abroad:

This information should be calculated using the EU distance calculator:

<https://erasmus-plus.ec.europa.eu/de/resources-and-tools/distance-calculator>